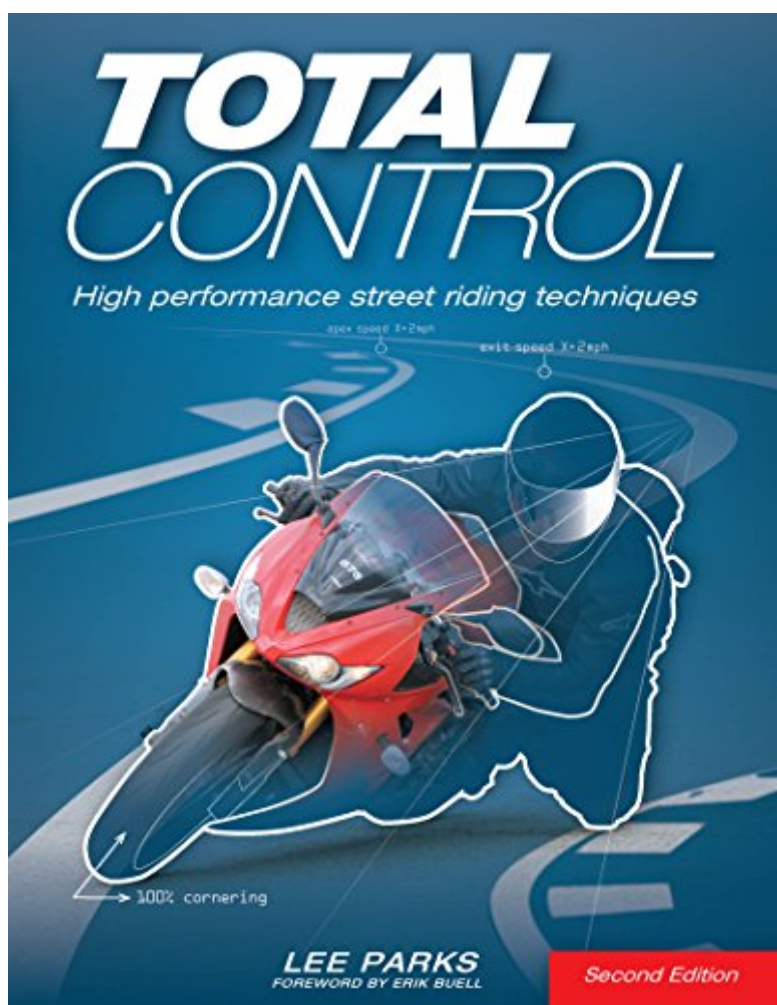


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# Total Control: High Performance Street Riding Techniques, 2nd Edition



## Synopsis

A completely revised version of one of the best-selling motorcycle riding skills books of all time. Today's super high-performance bikes are the most potent vehicles ever sold to the public and they demand advanced riding skills. Get it right, and a modern motorcycle will provide you with the thrill of a lifetime; get it wrong and you'll be carted off in a meat wagon. The line between ecstasy and agony is so thin that there is absolutely no margin for error. Total Control provides you with the information you need to stay on the healthy side of that line, providing a training course developed and perfected through decades of professional training in Lee Parks' Total Control Advanced Riding Clinic. This is the perfect book for riders who want to take their street riding skills to a higher level. Total Control explains the ins and outs of high-performance street riding. Lee Parks, one of the most accomplished riders, racers, authors and instructors in the world, helps riders master the awe-inspiring performance potential of modern motorcycles. This book gives riders everything they need to develop the techniques and survival skills necessary to become a proficient, accomplished, and safer street rider. High quality photos, detailed instructions, and professional diagrams highlight the intricacies and proper techniques of street riding and the knowledge gained will apply to all brands of bikes from Harley-Davidson and Suzuki to Ducati and Kawaski to Honda and BMW and more! Readers will come away with a better understanding of everything from braking and cornering to proper throttle control, resulting in a more exhilarating yet safer ride.

## Book Information

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## **Customer Reviews**

I first met Lee at the Indy race in 2008. He seemed comfortable around the chaos and had some program on riding. Another riding course, I thought, this might be fun. Until I read the book and showed up for class. This should be the industry standard for safety training in the US. Never before has an author gone to so much trouble riding, racing, and reviewing material, then boiling it down to digestible chapters for your enjoyment. TC2 is almost a revolution since the original book was published. Many of the chapters have been refined, improved, and expanded to provide even more information on my favorite subject - riding in control.

The information in this book is excellent, valuable, and something every motorcyclist should learn. That said, as far the book design itself goes... this book really needs to be redesigned by someone who knows how to design books. It is difficult to read because of a poor font choice, leading that is too tight, and too much copy crammed in to too few pages. Despite my love of the subject I found it exhausting to read. Were the content not so engaging to me I would happily have put it down. A good editor would have helped as the book can be a bit wordy at times so revising some copy to free up some space would have been easily possible. But my design critique aside, as far as the book's content goes and what it has to teach, this is really valuable information that every rider should learn and practice and I highly recommend it.

This is a fantastic book. I've been riding for six years and it seems like Lee Parks has taken my riding to a whole new level. The chapters on Body Positioning and Low-Speed Turns are worth the price of the book alone. However I wouldn't recommend this book to a beginner. I feel David Hough's book Proficient Motorcycling is the best book out there for beginners. I know it helped me tremendously when I started riding. For me, Total Control kind of picks up where Proficient Motorcycle leaves off and builds on techniques such as counter-steering. But both are excellent books.

Solid fundamentals. good explanations. After you read this you will be more informed than 90

percent of those squibs on the streets. But there is still plenty to learn after you read this book. Personally, I think this book, or something comparable like twist of the wrist is a must.

I bought Nick Lenatsch's book Sport Riding Techniques, this book (Total Control), Proficient Motorcycling, the MSF book, and Twist of the Wrist. This is kind of a relative review of all of them. As an experienced motorcyclist coming back into it, I found the books beneficial in the order they are listed above. For a new motorcyclist, I would say get the MSF book first, then get Sport Riding Techniques and Total Control. Before your first track day, get TOTW. Sport Riding Techniques does the best job of explaining the physics of riding a motorcycle, although it manages to do so without being overly technical. I can see how Nick's writing style might not be for everyone, though. I work in a technical job, and he and I seem to sort of think alike, so his explanations were very clear to me. If you did well in science or social science in school, you will get more out of the book than if you were a poet. Total Control is sort of a racer's perspective on street riding, and it is similar in content to Sport Riding Techniques, but I liked Sport Riding Techniques better. SRT is more detailed and more technical. They both have great information, though. I got a lot out of both of these books. Twist of the Wrist is very track focused, and I really did not find that it had a lot to offer a street rider. Keith Code is a well known instructor and I would love to go to one of his track schools, and that focus shows in his book, which is dedicated exclusively to track techniques that may or may not translate well to the street. Both Total Control and Sport Riding Techniques do a better job of discussing track technique from a street perspective. I would only recommend TOTW to people who are actually going to race, or to people who really want to explore the mental side of high performance riding, as it has kind of a martial arts book feel and goes into mental preparation and mindset more than the others. Proficient Motorcycling has lots of great information and is well written, but the production quality of my copy was terrible. Each page fell out as I turned it. I have its pages in a folder on my bookshelf, because I am not really sure what else to do with it. It is written by a very experienced motorcyclist, and it contains lots of good information, but the frustration of having the pages fall out and get out of order was really too much to tolerate. The MSF book is targeted to new riders, and it really is a good read. It talks about the mindset necessary to ride defensively, and it covers basic motorcycle control and maneuvering. If you are just getting into motorcycling, it should definitely be your first book.

Very well written by a very experienced author and his team. Good quality paper and binding. Very well serving book/guide but dedicated more to high speed riding than for a long distance tourer like

myself. I purchased this book mainly for the safety aspect of good control under most situations, which yes, are also covered in the book. The competitive high speed info is good to know but not really for street riding nor my style of riding at this stage and age. Been there done it. Get it, you can learn a lot which will go a long way to increasing your riding safety.

Using this to brush up on my knowledge after a 10 year hiatus from track riding. I have read the Keith Code books... this is better. Body positioning is important to me and this book drills home the correct way to get that job done. Also, can't wait to try the methods/steps for turning and cornering the bike. I am definitely one who tends to have my hands fight each other through a corner. The push with the left to turn left and not use any input from the right hand is a concept well explained and I am eager to experience how it will positively impact my cornering habits at my upcoming track days.

The material contained may be useful and comes highly recommended. But the writing style and constant need to be uber-hip with each chapter photo became so irritating that my husband stopped reading and refused to pick it up again. Donation pile.

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